

COMPETITION INFORMATION VÄXJÖ INDOOR THROWING

3–4 FEBRUARY 2024, AT TIPSHALLEN, VÄXJÖ

IFK Växjö warmly welcomes all participants to Växjö Indoor Throwing! It is with joy that we announce a record number of participants this year, with approximately 100 more event starts than our previous best.

To ensure a smooth competition, it is important that you carefully read through this PM and the schedule so that you are well-informed about the proceedings. Please help us maintain the schedule by arriving well in advance. Thanks to the large number of participants, we have had to create a tight schedule for Saturday. Our officials will do their utmost to adhere to these times, but delays or the possibility of starting events earlier may occur. Please listen to the speaker for any updates or changes. We hope you all understand. Welcome!

GENERAL INFORMATION

The competition takes place in Tipshallen, Arenastaden, Hejaregatan 7. Entrance is through Gymnastikens Hus, located between Telekonsult Arena and Växjö Tipshall. NOTE! IFK Växjö has not booked any training time in Tipshallen on Friday. Free parking is available along Hejaregatan, closest to the entrance.

LOCKER/CHANGING ROOMS

Locker/Changing rooms are available in Telekonsult Arena. Ordinary entrance to Telekonsult Arena is locked. Entrance to Telekonsult Arena is therefore via the passage between Telekonsult Arena and Tipshallen.

WARM-UP

Warm-up areas are inside Telekonsult Arena which is reached through a indoor passage from Växjö Tipshall or in the sprinting hall next to the competition arena. Maximum of two throws per athlete on the competition site.

PAYMENT/BIB NUMBERS

No bib numbers are used. For foreign participants with unpaid starts, payment can be made on-site with a card. Payments will be accepted at the food stands.

LATE REGISTRATION

Late registration will be subject to availability at double rate and up to 60 min before the event starts. All late registrations are made through easyrecord.se.

TIME SCHEDULE

Available at easyrecord.se.

EVENT CHECK-IN/CALLING

Athletes of all ages need to do an event check in 60 minutes before the event starts. Event check in will be made online at easyrecord.se. Calling is at the place of the event and 10 min before it starts.



INNER AREA

Is only for those currently competing and for officials. Others should stay outside the enclosure.

FOOD

A kiosk is available in Tipshallen offering pasta salad, snacks, hot dogs, coffee, drinks, chocolate, etc.
Payment possible with card.

IMPLEMENTS

Implements must be weighed in or measured 60 minutes at the latest before the start of the event. You will leave and pick up your implement in a box that is placed by the food stand.

RULES/PRIZE CEREMONY

EQUIPMENT

In shot put, we use indoor shots, and in javelin, indoor javelins with rubber tips are used. The same type of discus is used indoors as outdoors, and in weight throw, weights adapted for indoors are used.

15 YEARS AND OLDER:

Everyone has three attempts, after the first three rounds top eight have another three attempts. In some cases, several classes can be decided at the same time, and then the top eight per class go to the final.

Prize giving to the top six in each class for the 15-year-old class. Only prize to the winner in the U18, U20 and senior classes. The award ceremony takes place immediately after the end of the event.

RESULTS

Results are uploaded live on easyrecord.se and can solely be found online Any error should be notified to the TIC.

QUESTIONS

Questions by IFK Växjö's kansli +46 (0) 470 16116 or info@ifkvaxjo.se

Welcome!

